

# MEDIA RELEASE

Under embargo until 3 October, 7 pm



## **Dr Nadine Perlen, Lockridge WA, wins RACGP 2009 General Practice Supervisor of the Year Award**

Dr Nadine Perlen, a GP supervisor working at Lockridge Medical Centre in Western Australia, has been awarded with The Royal Australian College of General Practitioners (RACGP) 2009 General Practice Supervisor of the Year Award.

The General Practice Supervisor of the Year Award recognises the dedication of those general practitioners who train and mentor GP registrars, their continuing commitment within the field of general practice and their service to their patients, practice and their community. GPs are the foundations on which the specialty of general practice is built.

The RACGP sets and maintains the standards for quality clinical practice, education and training, and research in Australian general practice, and represents Australia's urban and rural general practitioners. The RACGP awards are an acknowledgment by the profession of excellence in general practice.

Presenting the award at the GP of the Year dinner held during GP'09 – The Conference for General Practice – in Perth, Dr Chris Mitchell, RACGP President, congratulated Dr Perlen and thanked her for her outstanding service to the college, to general practice and to the community.

“Passionate about general practice, Dr Perlen is totally committed to training and mentoring the next generation of general practitioners,” said Dr Mitchell.

“Nadine Perlen is a dedicated supervisor who ensures the highest standards of training and supervision of all registrars in the practice,” Dr Mitchell said.

“As a Regional Training Advisor and Regional Medical Educator with the Perth East Metropolitan Regional Advisory Committee for West Australian General Practice Education and Training (WAGPET), Dr Perlen is highly regarded for the easy rapport she has with registrars and the encouragement and the assistance she gives. Her WAGPET colleagues value her accurate and informative report visits,” said Dr Peter Maguire, Chair of the RACGP West Australia Faculty.

“The Lockridge Medical Centre is also recognised for providing excellence in supervision, teaching and support to registrars and medical students. Dr Perlen can always be relied on to provide specific, clear and constructive feedback and getting the very best from her registrars.

“Dr Perlen’s education sessions are interactive, challenging and innovative. WAGPET is indeed fortunate to have someone of Dr Perlen’s clinical experience and expertise involved in facilitating and training new supervisors. Her enthusiasm and ‘can-do’ attitude also extends to her role with the Perth East Metropolitan Regional Education Program.

“Dr Perlen also finds time to work as a visiting GP to Pingelly, two hours south east of Perth, with the Royal Flying Doctor Service Rural Women's GP Service, actively participate in the

business management of the Lockridge Medical Centre as a business director and to continue her work as a long-term RACGP examiner,” said Dr Maguire.

“It is quite clear that Dr Nadine Perlen is a wonderful role model for registrars as a general practitioner, an educator, business manager and as someone who effectively manages family and work commitments,” Dr Mitchell concluded.

The winner of The RACGP 2009 General Practice Supervisor of the Year Award will receive a \$5,000 travel scholarship and a profile in Australian Family Physician, the medical journal of the RACGP. The prize money is to be used for travel to and/or attendance at a national or international convention in the medical and/or health areas of interest to the general practitioner.

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**Media contacts**

Melanie Fontolliet, RACGP Media and Communications, 03 8699 0513 or 0424 461 622

Wendy Wicks, RACGP Media and Communications, 03 8699 0484

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